

Patient Name: _____ Date of Birth: _____ Age: _____ Today's Date: _____

What brings you in today? _____

Xray's, CT's or MRI's taken? Yes No If yes: When: _____ Where: _____

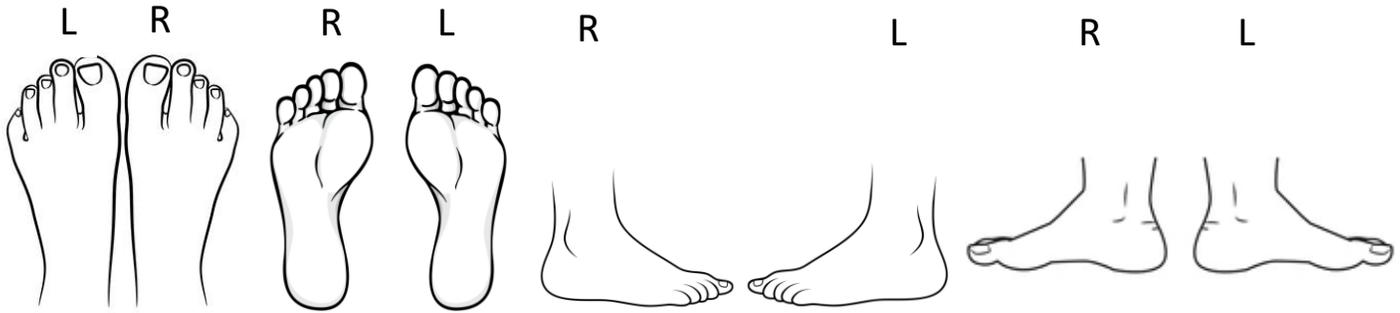
How long has this been bothering you? _____

Have you been seen for this issue before? (circle one) Yes No

If Yes, who did you see? _____ When? _____

Please list any previous Foot/Ankle surgeries: _____

Mark location of the problem(s) with an X:



Select all that apply that best describes your pain:

- Burning Sharp Aching Weakness Numbness Tingling Stabbing
 Shooting Other (describe): - _____

Is the pain constant? Yes No

If 10 is the worst pain or discomfort you ever had and 0 is no pain or discomfort, how would you rate your pain or discomfort today? (Circle Number) (No pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst Pain)

What makes your symptoms better? _____

What makes your symptoms worse? _____

Occupation: _____

Shoe Size: _____ Do you wear Orthotics: Yes No If Yes are they custom made for your foot? Yes No

Do you exercise? Yes No If Yes, what type of activities? _____

How many days per week? _____

Have you had a Bone Density Scan (DEXA)? Yes No If yes results were: (circle one): Normal Abnormal



Name of Primary Care provider: _____ Phone: _____

Preferred Pharmacy : _____ Location: _____ Phone _____

Please list ALL current medications below (use additional paper if necessary):

| Medication: | Dose / How often | Allergies | Reaction |
|-------------|------------------|-----------|----------|
| 1. _____ | _____ | 1. _____ | _____ |
| 2. _____ | _____ | 2. _____ | _____ |
| 3. _____ | _____ | 3. _____ | _____ |
| 4. _____ | _____ | 4. _____ | _____ |
| 5. _____ | _____ | 5. _____ | _____ |

Immunization date(s): COVID: _____ influenza: _____ Tetanus/Pertussis: _____

Have you fallen in the last year? Yes No If yes how many times? _____ Injuries? _____

Do you drink Alcoholic beverages? Yes No If yes, how many drinks? _____ Day / Week / Month

Do you smoke tobacco? Yes No If yes how much? _____ per day If No, Former smoker? Yes No

Do you use chewing tobacco? Yes No If yes how much? _____ per day

Do you use illegal drugs? Yes No If yes what type? _____

Do you Vape? Yes No If yes how much? _____ per day

Do you use CBD products? Yes No If so what kind? _____ How Often? _____

Past Medical/Family History: (check all that apply)

| | You | Mother | Father | | You | Mother | Father |
|--------------------------|-----|--------|--------|---------------------|-----|--------|--------|
| Anesthesia Complications | | | | High Blood Pressure | | | |
| Anxiety | | | | High Cholesterol | | | |
| Arthritis | | | | Joint Pain | | | |
| Back Pain | | | | Kidney Disease | | | |
| Blood Clots | | | | Osteoporosis | | | |
| Cancer | | | | Reflux | | | |
| Depression | | | | Restless Leg | | | |
| Diabetes | | | | Sleep Apnea | | | |
| Foot/Leg Ulcer | | | | Stroke | | | |

Surgical History: (list Left or right and year, along with surgery): _____

Do you currently have any of the following symptoms: (check all that apply)

| | | | | | | | |
|-----------|--------------------------|-----------------------|--------------------------|------------|--------------------------|------------------------------|--------------------------|
| Fever | <input type="checkbox"/> | Chills | <input type="checkbox"/> | Fatigue | <input type="checkbox"/> | Chest Pain | <input type="checkbox"/> |
| Swelling | <input type="checkbox"/> | Wheezing | <input type="checkbox"/> | Coughing | <input type="checkbox"/> | Irregular Heart Beat | <input type="checkbox"/> |
| Vomiting | <input type="checkbox"/> | Abdominal Pain | <input type="checkbox"/> | Diarrhea | <input type="checkbox"/> | Pain/bleeding with Urination | <input type="checkbox"/> |
| Rashes | <input type="checkbox"/> | Muscle Pain | <input type="checkbox"/> | Joint Pain | <input type="checkbox"/> | Shortness of Breath | <input type="checkbox"/> |
| Stiffness | <input type="checkbox"/> | Recent Weight Changes | <input type="checkbox"/> | | | | |

Signature: _____

Date: _____