

# FOOT ANKLE

SPECIALISTS OF AMES

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

What brings you in today? \_\_\_\_\_

Xray's, CT's or MRI's taken? Yes No If yes: When: \_\_\_\_\_ Where: \_\_\_\_\_

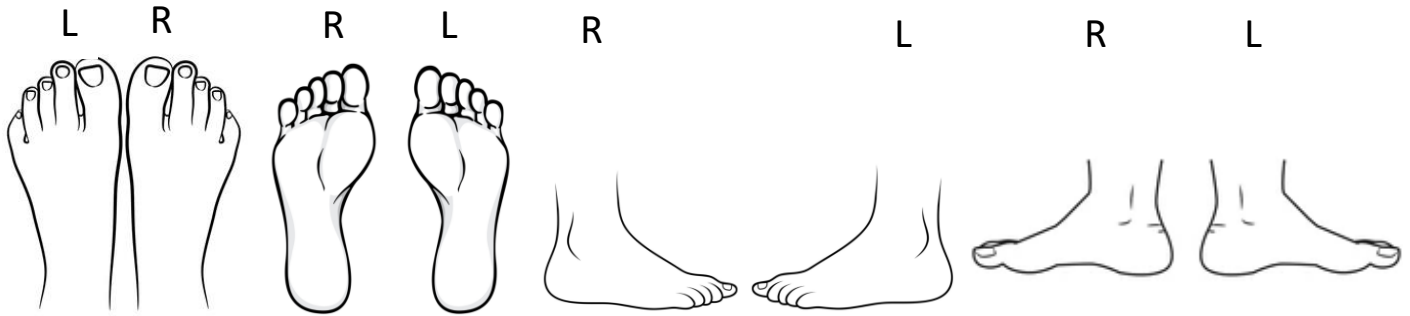
How long has this been bothering you? \_\_\_\_\_

Have you been seen for this issue before? (circle one) Yes No

If Yes, who did you see? \_\_\_\_\_ When? \_\_\_\_\_

Please list any previous Foot/Ankle surgeries: \_\_\_\_\_

Mark location of the problem(s) with an X:



Select all that apply that best describes your pain:

- Burning  Sharp  Aching  Weakness  Numbness  Tingling  Stabbing   
Shooting  Other (describe): - \_\_\_\_\_

Is the pain constant? Yes No

If 10 is the worst pain or discomfort you ever had and 0 is no pain or discomfort, how would you rate your pain or discomfort today? (Circle Number) (No pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst Pain)

What makes your symptoms better? \_\_\_\_\_

What makes your symptoms worse? \_\_\_\_\_

Occupation: \_\_\_\_\_

Shoe Size: \_\_\_\_\_ Do you wear Orthotics: Yes No If Yes are they custom made for your foot? Yes No

Do you exercise? Yes No If Yes, what type of activities? \_\_\_\_\_

How many days per week? \_\_\_\_\_

Have you had a Bone Density Scan (DEXA)? Yes No If yes results were: (circle one): Normal Abnormal

Please complete 2<sup>nd</sup> page



Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Name of PCP: \_\_\_\_\_

Phone: \_\_\_\_\_

Preferred Pharmacy : \_\_\_\_\_

Location: \_\_\_\_\_

Phone \_\_\_\_\_

Please list ALL current medications below:

Medication:	Dose / How often	Allergies	Reaction
1. _____	_____	1. _____	_____
2. _____	_____	2. _____	_____
3. _____	_____	3. _____	_____
4. _____	_____	4. _____	_____
5. _____	_____	5. _____	_____

Immunizations: Did you receive an influenza vaccine this year? Yes No Last Tetanus/Pertussis date: \_\_\_\_\_

Have you fallen in the last year? Yes No If yes how many times? \_\_\_\_\_ Injuries? \_\_\_\_\_

Do you drink Alcoholic beverages? Yes No If yes, how many drinks? \_\_\_\_\_ Day / Week / Month

Do you smoke tobacco? Yes No If yes how much? \_\_\_\_\_ per day

Do you use chewing tobacco? Yes No If yes how much? \_\_\_\_\_ per day

Do you use illegal drugs? Yes No If yes what type? \_\_\_\_\_

Do you Vape? Yes No If yes how much? \_\_\_\_\_ per day

Do you use CBD products? Yes No If so what kind? \_\_\_\_\_ How Often? \_\_\_\_\_

Past Medical/Family History: (check all that apply)

	You	Mother	Father
Anesthesia Complications			
Anxiety			
Arthritis			
Back Pain			
Blood Clots			
Cancer			
Depression			
Diabetes			

	You	Mother	Father
Foot/Leg Ulcer			
High Blood Pressure			
High Cholesterol			
Joint Pain			
Kidney Disease			
Osteoporosis			
Reflux			
Stroke			

Surgical History: (list Left or right and year, along with surgery): \_\_\_\_\_

Do you currently have any of the following symptoms: (check all that apply)

Fever <input type="checkbox"/>	Chills <input type="checkbox"/>	Fatigue <input type="checkbox"/>	Chest Pain <input type="checkbox"/>
Swelling <input type="checkbox"/>	Wheezing <input type="checkbox"/>	Coughing <input type="checkbox"/>	Irregular Heart Beat <input type="checkbox"/>
Vomiting <input type="checkbox"/>	Abdominal Pain <input type="checkbox"/>	Diarrhea <input type="checkbox"/>	Pain/bleeding with Urination <input type="checkbox"/>
Rashes <input type="checkbox"/>	Muscle Pain <input type="checkbox"/>	Joint Pain <input type="checkbox"/>	Shortness of Breath <input type="checkbox"/>
Stiffness <input type="checkbox"/>	Recent Weight Changes <input type="checkbox"/>		

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_